



SARAH STEELE
Break Up And Divorce Coach

How collaborating with a divorce coach can help you

How your clients handle the emotional journey of their divorce can have a huge impact on the costs and impact of their legal journey.

Clients who work honestly and productively with a Divorce coach, with a mindset of moving forward, are more certain in their instructions, as they know what they are looking to achieve.

How I can help your client:

- Support them in managing their emotions, dial down their feelings of overwhelm, access their internal resourcefulness, resulting in them being able to feel calm, in control, and think with clarity, and give your clients the strategies to deal with the curveballs that divorce can inevitably throw their way.
- I will hear their feelings and show them how to shift gently, and to make space for logical thought and decision making.
- Show your clients how to respond rather than react.
- Rebuild their confidence, resilience and self-esteem.
- Be able to see choices and options, enabling them to evaluate the way forward positively.
- Enable them to see different perspectives and make more measured informed decisions.
- How to deal and communicate with their ex-partner, in particular high conflict and difficult breakups.
- Managing Divorce with children.

I share common values with the Lawyers, mediators, financial advisors and other professionals I work with – we all want to achieve the very best outcome for each client and their family.

Together we can support each client, to divorce with confidence, clarity, dignity and create a vibrant and fulfilling life after their divorce.

*Please contact me for further information:
07814 010 878 /sarahsteelecoaching.com/sarahsteelecoaching@gmail.com*